

# THEORY OF HUMAN NATURE (Empowered Individualism)

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100: Table of Contents

Section	Title	Sub Title
101	RULES	RULES ON HUMAN NATURE
102	MOTIVATION	
103	PREAMBLE	
113	SOLIPSISM	
114	NATURE NEGATIVE	
115	TABOOS	INCEST DEATH
117	BIRTH OF CONSCIOUSNESS	THE CONSCIOUS MIND THE SUBCONSCIOUS MIND ONE MIND – ONE CONSCIOUSNESS THOUGHT JOURNEYS POWER OF BELIEF
121	FORMATIVE IDENTIFICATION	FEMALE ALTER EGO (MOTHER)
122		MALE ALTER EGO (FATHER)
131	EXPERIENTIAL IDENTIFICATION	CHILD SEXUAL ABUSE
132		COMPLICATED GRIEF
141	DISORDERS	NARCISSISM (COLONISER, HEGEMONIC) INVERTED NARCISSISM (COLONISED, SUBJUGATED)
143	20 <sup>th</sup> CENTURY DEPRESSIVE DISORDERS	MANIC DEPRESSION, ETC SCHIZOPRENIA UNIPOLAR DEPRESSION
151	DELUSIONAL EGO CYCLE	THOUGHT DISORDER/INTERNAL REPRESENTATIONS: TELEPATHY/ INTERIOR MONOLOGUE/ DEPRESSION / SUICIDE TELEPATHY PRIMAL PHYSIOLOGICAL RESPONSES: ACUTE STRESS, FIGHT OR FLIGHT, EXISTENTIAL DOUBT PARANOID DELUSIONS PERSONAL CULTURALLY BIAS GLOBAL

		TABOO FEAR RESOLUTION: CHALLENGE (GESTALT) / CONFRONT SURMOUNT / DISCARD & NEW INFORMATION	
		POSITIVE EXTERNAL REPRESENTATION: NEEDS SATISFACTION & SELF KNOWLEDGE	
		THOUGHT ORDERED: ENLIGHTENED, STABLE EGO & IDENTIFICATION OBJECTIVITY	
157	EMPOWERED INDIVIDUALISM	NATURAL SELECTION	
158	NATION	EUROPE	
		UNITED STATES OF AMERICA	
		EU / UN / NATO	
211	3 STAGES OF FAMILY	TRIBAL	
		EXTENDED FAMILY / CLAN	
		NUCLEAR FAMILY	
311	EVOLUTION OF GOD	GOD	
		GOD IN NATURE	
		POLYTHEISM	
		MONOTHEISM	
		ORGANISED RELIGION	
315	EVOLUTION OF IDEALOGY	INDIVIDUAL BEFORE GOD	
		FASCISM V COMMUNISM	
316	MORALITY	FREE MARKET CAPITALISM V SOCIALISM	
		DIVINE RIGHT OF KINGS	
		STATE SANCTION	
221	EVOLUTION OF GOVERNANCE	SUPRANATIONAL LEGITIMACY (UN SECURITY COUNCIL)	
		INDIVIDUAL CONSCIENCE	
		DIVINE RIGHT OF KINGS	
410	HUMAN TECHNICAL DEVELOPMENT	MONARCHY	
		OLIGARCHY	
		DEMOCRACY	
		FIRE	
		LANGUAGE	
		THOUGHT	
		REASON	
AGRICULTURE			
		PRINTING PRESS	
		SCIENCE & TECHNOLOGY	



## 101: Rules on Human Nature

The following precepts summarize the theory of human nature.

Rule	Text
1	<i>"Self knowledge is the prerequisite to needs satisfaction."</i>
2	<i>"Needs satisfaction drives individual human behavior."</i>
3	<i>"Natural selection drives collective human activity."</i>

Lao Tzu in his Tao Te Ching says

"Knowing others is wisdom. Knowing the self is enlightenment."

## 102: Motivation

*The process of need satisfaction is based on a simple criterion - does this take me closer to my need or does this take me further away from my need? That which takes us further away is bad and that which takes us closer is good.*

Needs satisfaction motivates the individual. And in aggregate we are driven by natural selection. This drives competitive advantage and nations are competitive. Additionally the world is a competitive place. So the ego is driven through the model by its desire to satisfy its needs. Nation and world are aggregates without consciousness and deliberation. So the best aspects of culture are selected for the global model of culture now emerging and the race proceeds. Natural selection in aggregate therefore drives excellence and ensures that only the best of attributes, cultural are adopted into the global culture. Cultural bias is disregarded in this light.

*Needs conflicted result in repetitive or iterative efforts to satisfy needs.*

The best defense is self - knowledge. The more self-knowledge a person possesses the more equipped he is to adapt to changes in his environment. Those with poor self-knowledge dread trigger events for good reason. They have a vested interest in the status quo. Who they are is too heavily dependent on their network.

Denials stand in the way of self-knowledge. They must be conquered to progress. Denials protect us from painful and terrifying self-knowledge. Denial is the struggle to believe something that is not true. We have a vested interest in denying the truth. The truth if accepted will lead to change.

## 103: Preamble

Human nature is governed by a surprising simplistic set of rules and ordinances. As individuals we are motivated by needs satisfaction. This is to say we seek to satisfy our needs and are always engaged in this task. It is in so doing that we gain self-knowledge as we move through the process of life and always seek to know ourselves better at each stage in our existence. This task of need's satisfaction and its tool self-knowledge are never complete and entire of themselves but are ongoing – a personal work in progress. The attainable goal of all people is therefore a state of being known as empowered individualism. The individual becomes a messiah in his own life - a personal savior of self.

We evolved from monkeys this we know and it is generally accepted. What was and is less well known is that taboos crafted our first entry into consciousness. Our physical environment imposed these taboos. Incest prohibitions are common to all-human cultures and stem and are motivated by the need for genetic diversification. We appreciate this on a sub-conscious level, since as a species it was crafted by the survival of our genetically diverse ancestors. Their knowledge of this prohibition was genetically hardcoded and so passed from one generation to the next. Of course there are deviants from the ordinance of genetic diversification. Even in our world of the 21<sup>st</sup> century we know this to be the case. They are generally reviled by society when exposed.

The violation of the incest taboo imposes on victimizer and victim a profound disharmony of the psyche. It is a terrible truth and it leads to personality and thought disorder in its victim.

The second major taboo and the one we share with all life on this earth is the ordinance for survival. We are tasked and warned by our subconscious to preserve our own lives particularly at times of danger. This is the death taboo or the survival instinct. Again this whereas appropriate in an environment where physical threat was the norm, poses no real relevance in modern life.

These two taboos therefore led to the birth of consciousness and an awareness of nature negative, by which I mean an abhorrence of the animal aspect of human nature. We in effect reviled our own nature and sought consciously to distance ourselves from it. This is of course ridiculous. It is similar to a dog deciding he doesn't want to be a dog. We are a combination of conscious being in a biological body.

We are born into a formative environment, typically one where there is a mother and a father but not always. On top of that we experience trauma. This can be in the form of abuse or perhaps loss. Either of which leads to a state of thought disorder. Depending on our cultural bias this leads to one of two states – narcissism or inverted narcissism.

*One behaves in relation to the world as the world is structured by his or her internal representations. If one's internal representation of the other is basically benevolent and good, then they will relate to the other with that expectation. In this manner, the concept of internal representations assumes a constructivist or phenomenological orientation. The world is known not as such, but as construed by one's representations.*

Narcissists believe in control and seek to maintain rigid control over their consciousness. Narcissists seek to control and dismiss what they cannot understand. They strive to exclude and reject anyone who troubles their internal representation that they are unique, privileged and insightful. Narcissists strive to carve out a piece of the world for themselves and claim it as their property.

Inverted narcissists are victims and seek understanding from the people around them. Their internal representations lead them to self-doubt and they doubt their own veracity. Further they become locked in a negative cycle of understanding, where they seek to be heard and accepted by the world.

Both states are thought disordered and lead to an inaccurate reflection in the consciousness of how the world is. In short both states of mind are delusional. The closer internal representations are to the objective reality of the world the more correct and more successful a person will be.

To address needs satisfaction therefore an individual must conquer one's own personal fears – one's own personal demons. To do this requires courage, persistence and a sincere desire for the truth.

Internal representations are of course one's own internal monologue. It is how the world appears to us internally. We internally debate this through the means of everyone we have ever met and ever read about. If we don't know about someone they do not form part of our internal representations. If I had concerns about the world or war I might engage in an internal representation with the President of the United States. This does not mean he can hear me. I am simply debating internally with him.

The point at which such a conversation becomes real in the objective sense is when such a conversation actually takes place if ever. This is unlikely because many people know who the President is but he does not know all these people individually. So the president has a one to many relationship of considerable scale in his nation and even with the world.

So for objectivity reality to exist in ones consciousness as it does in the objective world around us requires us to adjust our internal representations to as close a proximate of objective reality as we can manage.

In practice most people exist in a cycle of depersonalization and repersonalization. In this reformative state the consciousness is constantly debating the questions of validity. Who am I? Am I real? Why am I here? Do I care? This is a thought-disordered state that can be lifelong. The solution of course is targeted Gestalt therapy. Incorrect internal representations must be challenged and the subject always pointed in the direction of objective reality. In this context then the statement “reality is bliss” takes on its true meaning and the individual finds needs satisfaction in his present reality. And thus is content.

The individual enters the cycle of depersonalization thought disordered and laden with baggage. As he acquires self-knowledge he discards his baggage in favor of the truth of his life and thus progresses through the cycle. Each stage involves the acquisition of new information and the growth of his personal self-knowledge. When he has addressed all his baggage and grown personally as a result he eventually or gradually becomes thought ordered and reaches emotional harmony. This is a state also known as empowered individualism.

### 113: Solipsism

Is defined as the theory that only the self exists, or can be proved to exist. And also as extreme preoccupation with and indulgence of one's feelings, desires, etc.; egoistic self-absorption.

Developmental psychologists commonly believe that infants are solipsist, but that children eventually infer that others have experience much like theirs and learn to experience empathy. Children normally outgrow the solipsist stage and become empathetic by developing a working theory of mind by the age of 3 or 4. Failure to reach this stage of development is also known as mind blindness.

It seems reasonable to assume that our primal ancestors were completely solipsistic. Thus they are very little or a rudiment conception of objective reality. This however was rolled back down through the ages.

In totality however the human mind remains more or less solipsistic. Consistent with best use of our talents we must accept and realize this. There is undeniably interconnectedness among people, a sort of human Gaia hypothesis, whereby all human life is connected on the conscious level. Alliance with this idea is not depersonalizing but rather liberating and of course the reality of life.

We are all interconnected. In the though disordered state we have a limited conception of this interconnectedness. It is global and vast in its implications. Dependent on ones lifestyle – how many people one has interacted with, how many books one has read, how familiar one is with the forms global media – this will determine the potential range of connections possible.

## 114: Nature Negative

The beginning of nature negative on our world was the realization that our animal origins were unclean and dirty. So conscious humans made a distinction between themselves and their origins. We were the masters of the earth and were divinely entitled to rule all according to how we saw fit. We convinced ourselves that God had placed us on this earth fully-grown and developed. It was an infantile cosmology and not congruent with the more recent rediscovery of evolution by Charles Darwin. His hypothesis was further that natural selection had determined who we are and what we had become.

Since different segments of the human family developed at different rates a conviction of racial supremacy became easy to justify. Humanity had short memories and in its confused conception of itself it was easy to disparage the less developed. The evidence for this racial supremacy was seen most powerfully in the birthplace of humanity – Africa. Africa did not develop at the same rate as Europe though its rate of development would have been similar to Europe's before the advent of the Roman Empire.

So the concept of nature negative was applied most powerfully to self – in that we created stories to justify our so-called omnipotence but also powerfully in relation to each other. Thus the European would naturally look down on the “conquered” peoples of the world and feel superiority.

In totality the belief concerning nature negative is of course nonsense. It is akin to one wolf feeling superior to the pack.

Now in the global village we witness that natural selection no longer plays a role in our development. The physical environment is pacified and sculpted to our needs. The driving physical imperatives of evolution do not apply in our modern world.

## 115: Taboos

### 210 Incest

This is the taboo against in breeding, which anthropologists believe is common to all human cultures no matter how primitive. I would hypothesize that this taboo is inherited and not schooled environmentally. We know that there is a large amount of information passed from one generation of the next genetically. Natural selection would quickly have selected tribes in human society that possessed this belief and over time the inbreeding tribes would have been discarded from the selection process.

The incest taboo is of course a nature negative taboo and manifests itself as a half-man, half-beast in the psyche. Since child sexual abuse is still commonplace in our world the violation of the taboo is a source of thought disorder and dysfunction in both the abuser and the abused.

Typically the abuser was in turn abused and so reenacts the ritual of abuse. In our global society civil authorities move quickly now to address and sanction any type of child sexual abuse.

Incest is any sexual intercourse between close relatives irrespective of the ages of the participants and irrespective of their consent that is illegal, or socially taboo. The type of sexual activity and the nature of the relationship between people that constitutes a breach of law or social taboo vary with culture and jurisdiction. Some societies consider it to include only those who live in the same household, or who belong to the same clan or lineage; other societies consider it to include "blood relatives"; other societies further include those related by adoption or marriage.

### 211 Death

Death is the termination of the biological functions that define a living organism. It will eventually afflict all living things. Death refers both to a particular event and to the condition that results thereby. The true nature of the latter has, for millennia, been a central concern of the world's religious traditions and of philosophical inquiry. Belief in some kind of afterlife or rebirth is a central aspect of many religious traditions.

Death is also the survival instinct and a taboo shared by all humans. The threat of death stimulates the "fight or flight" primal mechanism stored genetically in the human brain. (See 157 –227). This creates an extremely debilitating experience for modern man,

his reason is overturned, and he becomes aware of his own extreme weakness. Since there are no physical threats in modern man's environment the response is inappropriate and suspect. Quite literally however the primal fear will sculpt the subject's life if he allows it to.

Death fear is also a powerful entrapment in the cycle of depersonalization and repersonalization (see 151). Since logically fear of death can never really be eliminated whilst living, the fear remains. Congruent with the theory of human nature it is incumbent on the subject to challenge and confront his own fears in order to be free of them. Since principal amongst these is the fear of death and fear of exposure (in the case of abuse victims) the fears must be continually challenged and teased out into the broad light of day. It is in doing the thing that the subject most fears that he finds liberation from his fears. For subconscious fear role-playing is the most effective way of highlighting the illogicality of fear.

#### 117: The Birth of Consciousness

There is only one psyche. The distinction between conscious and subconscious is the schism imposed by natural selection to encourage our genetic diversification. The so-called nature negative was imposed on the human psyche in order to accelerate human development, and it has done. Brain development has led to a large reasoning capacity in Homo sapiens; however the primal part of the cerebral cortex remains as it has done since our primal days. In this sense brain development can be likened to a European city. There is the medieval heart or old town, which consists of a castle and the suburbs which are of more recent and modern construction. Of course in practice is not possible to remove or even neutralize the primal part of the brain. It remains at the heart of mental operations and so we must infer and intuitively comprehend it.

To continue the analogy orders and commands are routed through the medieval citadel. Analytical and reasoning capacity is of course more recent brain functions. So the paranoid heart of the brain is continually interfering with the reasoned judgements of the brain. This is also referred to as thought disorder (see 151, and in particular 151-227). A perfectly sensible handle on things is achieved and then overturned by the paranoid citadel.

#### The Taboos against Incest & Death

Over time natural selection conferred advantage on those of our ancestors who did not interbreed or interbred less frequently (115-210). Interbreeding created weak and vulnerable off spring that did not survive and innovate. In time the interbred began to diminish in number. A powerful evolutionary advantage conferred upon those who did not favor incest or sexual relations within the tribe.

This in time developed into a taboo. This taboo against incest became part of the sub-conscious and this was passed from one generation to the next.

The survival instinct is of course paramount in all species in our world. They and we wish to survive and procreate. In the nature negative phase men and women carry with them a presentiment at all times of their demise. This profoundly influences their behavior and determines their actions and choices.

## 212 The Conscious Mind

The conscious mind is the home of reason, logic, analysis, strategy and evaluation. Here we work out ideas and problems and issues. In practice however in times of acute stress it is very easily overturned by the sub-conscious.

In the nature-negative phase modern man believed the conscious mind is superior to the sub-conscious. This imposed hierarchy on the psyche privileges the rapid development of consciousness, which was underdeveloped.

How do I know if a thought is good or bad? On a conscious level all thoughts are equally valid since value judgements are emotive.

Dreams are messages from the subconscious that enter the conscious mind when the individual is asleep. These messages can be premonitions or foreboding. In 20<sup>th</sup> century humans the subconscious and the conscious are separated and ringfenced. However in the 21<sup>st</sup> century human there is no such demarcation. All the buried memories have been unleashed and fears have been resolved. Freud first posited the concept of the subconscious. For the harmonious man or woman such a distinction or classification has no relevance. The process by which the schism in the psyche between conscious and subconscious is resolved in favor of the truth is of course through experience and can be accelerated through the judicious use of Gestalt.

Since the model of the human psyche is of course scalable in its application and relevance when one liberates ones own subconscious this was quickly communicated around the group of Watchers. And as my psyche came into closer focus so did that occur for my community and world. In this context therefore fear confrontation and resolution is a one way street. There is no going back. When a fear is conquered it ceases to be a fear. This is the means by which resolving my delusion quickly resolved the delusion, which was the world around me. It was a synergistic wave of self-awareness and enlightenment.

So in conclusion there is no threat from an enhancement of self-knowledge. Quite the opposite the individual becomes a more responsible citizen. I can give an entirely human and safe explanation of this phenomenon.

The delusion centered on many of my own fears. They were also fears that others shared. Aliens, God, damnation, my own darkness. As I challenged and confronted my fears I was simultaneously challenging and confronting the fears of the circle.

The conscious mind in modern man acts almost like judge and jury on the emotive subconscious. The conscious mind approves that which can be acted upon. Nothing gets past the conscious mind.

## 213 The Subconscious Mind

The sub-conscious mind is plausibly our genetic inheritance from our ancestors. Here is the realm of role-play and here the primal taboos are housed and worked out, usually in the form of dreams, which enter the conscious mind.

The sub-conscious evaluates issues and scenarios also but in the form of role-playing. Characters will enact a drama to convey a message. The sub-conscious is just doing exactly what the conscious mind does with reason.

In the sub-conscious reside the 2 unresolved fears. The first is of course death which Western man has repressed during the course of his life. The second is the prohibition against incest, which is the animal side of human nature. These primal taboos emerge periodically in the minds of the confused and cause great stress and anxiety when they do. Unresolved they are repressed back into the subconscious to emerge again under the right conditions of stress and worry. This leads to the cycle of reformulation or depersonalization and depersonalization, which is an ongoing feature of modern life. (See 151)

Men and women do not readily part with their primal fears and so only the most educated and informed can quickly or readily make the connection that there is a better interpretation of these fears. My working hypothesis is that for the vast majority of people this would mean very little. A one page excel sheet would not really do it for them. I know this from personal experience, because even though I earnestly desired to learn my life was fairly disastrous until I made some important connections.

## 214 One mind – One consciousness

In practice however there is only one mind. Congruent with the theory of human nature there is only one psyche and the split imposed by evolution on our developmental psyche now is gone. Conscious and sub-conscious are united and there is no longer any distinction between the two. Neither can worrying thoughts be repressed back into the sub-conscious since there is no sub-conscious. In short we must live with each other and ourselves. And the world is big enough for everyone.

## 215 The Cosmic Mind

Everyone has the potential to achieve oneness of consciousness with them individually and with the world in which they live. Such a state of mind goes by a number of names including empowered individualism, the cosmic mind, enlightenment and of course attaining and living emotional harmony.

With cultural bias culture is inverted and becomes a cult. However in the 21<sup>st</sup> century there is no cult of personality and very many minds striving for self-knowledge and knowing of self. So the relationship we share with each other is not hierarchical. Neither could it be. All things are equal in the mind and therefore there is equality and centrality of thought.

The cultural biased have selected a leader to represent them. They form rank behind their leader. If the leader is at a loss then the culture wavers. If the leader is purposeful and self-assured then the rank and file is enheartened and encouraged.

## 216 Thought Journeys

### Journey of the Mind (Thought Journey)

In life the individual seeks self. This is their task. This is their agenda. This is an agenda that for the individual never ceases. Life unfolds, as it should. Knowing oneself better confers extreme advantage and is always desirable. Self reveals itself over the life span of the individual. There is no closure except death, which is a cessation of the journey of self-knowledge. Death plays an apocalyptic role in the minds of the living. The grim reaper rattles his chains often. We can only have a presentiment of our doom in the land of the living. Irrational fears can be resolved. But the true question of our worth is left to the end of our days.

Being as we are Western humans in good health and of sound mind and body we would expect to live to 80-90 given current medical technology. However we know we will die. But we know also that the presentiment of death is not death. And so we are not so thought disordered as to make that error. So thought disorder centers around death for many of us. Our lives flashed before our eyes often enough in the last 2/3 weeks. But we kept our heads because we knew it wasn't real.

So death is the final end in life. There is no return or coming back. The earth is a graveyard of all the creatures that no longer are. Our time in the sun is fleeting. And there is no achievement or planning after death. Death is not to be scoffed at though the living often trivializes what they fear.

We know nothing about death because we don't know anything about it. We can state what we believe. That those who do good works will be favorably reviewed - and those who do not will be unfavorably looked at. However the mind of God is beyond my comprehension and I do not pretend to speak for God. I am not his representative.

So there it is. We all witnessed a presentiment of our own demise. We conceived of it in our own minds. But we live. So thought does not kill. There is no thought crime. And there is no double think. There is no ambiguity only the truth. And the truth is a personal matter. There is no ruling mind.

We were and are afraid to die. But depersonalization is not death and in life we quickly repersonalize. So in the matter of our own individual demise we are always reformulating and that is natural and acceptable. We have no choice but to reformulate on this topic. However we know delusions are not fatal.

Further delusions always resolve themselves in favor of the truth. Only when a deluded man dreams does he accept his personal truth. We no longer really dream - because we are living our dreams. In the past when I dreamt I felt many people were watching me.

## 217 Power of Belief

Belief is self-fulfilling prophecy. And since I believe in God I am a man of faith. I found my faith and that of my fathers to be very robust under pressure. I appreciate also that the whole human family does not share my culture of belief. In fact there are scarcely 1 billion Catholics in the world. Just one sixth of the total human family. But we exist and we are here.

Belief is subjective and does not enter the objectivity realm in which I live – save only in my mind. As an objective man I understand this and so for the times when I cannot make the connection, faith makes it for me. Faith sustains my reason. Nurtures it against lust, terror, jealousy and the rest. Faith cannot be empirically analyzed or tested.

## 121: Formative Identification

## 218 Female Alter Ego

During identity formation the child will identify with a maternal personality. This can be the biological mother or a guardian if the biological mother is not present for some reason. The process of primary identification with mother has lifelong implications that can be accepted or often evaded.

The process of identification is the infant's education. The mother is the first personality known to a human baby and the mother is vigilant in her role of protector. In this sense a responsible mother is vital for the child's early development.

## 219 Male Alter Ego

During identity formation the child will identify with a paternal personality. This can be the biological father or a guardian if the biological father is not present for some reason. Paternal identification is also vital, particularly for a son's emotional and rational development.

## 131: Experiential Identification

We identify with childhood experiences that have a significant impact on our development. Abuse imposes a trauma on the individual as does premature loss or bereavement.

## 220 Child Sexual Abuse

Child sexual abuse is commonplace and rarely discussed or shared openly. (See 115-210)

## 221 Complicated Grief

Change is death in psychological terms and activates the fear of death taboo. So anxiety, adrenaline rush etc are all part of it.

This stressor may involve someone's actual death, a threat to the patient's or someone else's life, serious physical injury, or threat to physical or psychological integrity, overwhelming psychological defenses.

Complicated grief is an individual's refusal to integrate the loss into his or her lifestyle. The complicated grief stricken becomes in effect a bereaved personality. Because of the unresolved loss the subject has an ongoing mental presentiment of his own demise. At

times of acute stress this activates the primal taboo of death or survival. The “fight or flight” physiological response is triggered (see 152).

To conquer one's fear of death requires a rational acceptance of the reality of mortality. No one lives forever and only in a delusional way can we ever believe that we would. At times of acute stress internal representations become powerful voices in the divided mind and argue intensely the whys and wherefores of proposed action.

I labored under the same primal fear – a presentiment of my own demise for most of my life. Even though I was intelligent and educated I could not make anything work for me. Until I came into contact with a bereavement counselor. Then I quickly reinterpreted my life's experience.

## 141: Disorders

### 222 Narcissism

For the hegemonic cultures - European countries and their colonies of imperialist extraction - the garrison - citadel mentality is always the preferred developmental mentality. They build walls. There is an in and an out. The natives are outside the walls. Of course in the context of 21st century living this is nonsense - no modern city has walls which close at night. But of course the human heart lags behind our technology and so this statement is relevant. For the citizen of a developing culture - authority and control are the feared primal thoughts. Their freedom could be taken away again. For the hegemonic - fear of being overrun.

Narcissism is the delusion of control and has its roots deep in history. Narcissists were conquerors and subjugated the colonized, overthrowing their culture and way of life. A citadel or fortified encampment was constructed within which the narcissists found security and peace. Narcissists therefore by nature are inclined to mistrust strangers and doubt their abilities. They favor secret clubs and societies. Narcissistic organizations such as the Masons believed or referenced a citadel of light.

In its psychological implication narcissism is the overwhelming desire to control internal representations. Narcissists fear losing control and this is particularly with reference to their own mental processes. They subscribe to the view that they own their own mind and are consequently extremely disquieted by any implication to the contrary.

Independent or disobedient people evoke in the narcissist the realization that something is wrong with his worldview, that he is not the center of the world or its cause and that he cannot control what, to him, are internal representations.

Because the narcissist is assumed to be the only one intimately acquainted with his self -he becomes the source of certitude and veracity. In other words: the narcissist makes sure that he is the only reliable existence in the lives of the people around him. He guarantees his stable presence in their lives - by destabilizing their own.

Where relevant narcissists established a circle of trust which they then endeavor to exclude any outsiders from. They feel no wider or more fundamental concern for human community and find moral vindication within their own community. Narcissists contrive situations so that they are indispensable and required.

For the narcissist the world is fair and comprehensible. The narcissist has no difficulty making this connection.

## 223 Inverted Narcissism

Inverted narcissism is a God complex - messianic delusions are common place. The inverted narcissist is the eternal victim - "always giving" in his own mind. Sorely misunderstood and under appreciated. His mission to save the world in order to save himself. A stable dyad can be formed between a narcissist and an inverted narcissist either through relationship or through friendship also.

Inverted narcissists adopt a persecutory view of the world and have a deep-seated conviction that it is fundamentally unfair. They are God complexed but in a salvatory way. Their mission is to save the world and they often feel martyred as though the world is pulling out of them. They find it almost impossible to say no to the demands of the narcissist and can often form dyads with narcissists, which are stable but dysfunctional. The inverted narcissist is fundamentally a dependent and lacks capacity for self-reliance.

Since the "colonized" races of the world or developing cultures outweigh the "colonizers" substantially, numerically, most individuals fall into the inverted narcissistic group. An inverted narcissist places no limits or boundaries on his or her interactions. He is fundamentally open to the world. He feels he is motivated by his "love" for the world. And that the world fails to understand him. He places no expectation on himself to comprehend and expects always to be understood. Grandiosity, a sense of entitlement, a lack of empathy, and overweening haughtiness usually hide gnawing insecurity and a fluctuating sense of self-worth.

## 143: 20th Century Depressive Disorders

### 224 Bipolar disorder

**Manic depressive psychosis:** committing criminal acts as a result of paranoiac overwhlem.

**Manic depressive neurosis:** Passing through paranoiac overwhlem (overwhlem of internal representations) without committing any criminal acts.

Manic depressive neurosis is treatable and curable. Manic depressive psychosis results in action, which is irreversible. Often manic depressive psychotic's suicide. They can also become criminal minds of great craft and cunning.

### 225 Schizophrenia

Schizophrenia is defined as a mental disorder characterized by abnormalities in the perception or expression of reality. It most commonly manifests as auditory hallucinations, paranoid or bizarre delusions, or disorganized speech and thinking with significant social or occupational dysfunction. Onset of symptoms typically occurs in young adulthood, with around 0.4–0.6% of the population affected. Diagnosis is based on the patient's self-reported experiences and observed behavior. No laboratory test for schizophrenia currently exists.

In the thought disordered phase the subject exhibits some if not all the characteristics as defined in the textbooks. What is less well known is that this “divided self” is common to all in the developmental phases of a person's existence. At times of stress the intensity of the psychic divide deepens. An individual can become completely swamped by their own internal representations and lose objectivity. This however is temporary and not permanent. Only at times of stress is the divided self-apparent or in situations of great stress and moment.

If the individual confidently addresses their fears then thought disorder recedes and the individual gain's self-knowledge and moves on.

### 226 Unipolar Depression

Major depressive disorder (also known as clinical depression, major depression, unipolar depression, or unipolar disorder) is a mental disorder characterized by an all-encompassing low mood accompanied by low self-esteem, and loss of interest or pleasure in normally enjoyable activities. Unipolar depression was characterized by low feelings, lacking of self worth, incapacity and primarily the inability of the subject to believe that he or she can satisfy her own needs.

Again pointing the individual in the direction of needs satisfaction, indeed acting as a guide or interpreter of feelings can help the subject to address debilitating personal fears (see 152) and go on to progress through the cycle of depersonalization.

### 151: Delusional Ego Cycle

### 227 Thought Disorder

Thought disorder therefore is the norm for 20<sup>th</sup> century man and woman. Most carry large, ongoing, long interior monologue. At times of stress, anxiety and urgency this can appear to seem to be internal voices, where different aspects of the psyche will adopt roles and argue about the merits and demerits of needs satisfaction. This is often confused with telepathy, or some type of external communication. As though some outside agency is controlling and debating with the individual's thoughts and choices.

If the voices become sufficiently virulent they become quite debilitating and make it almost impossible for the individual to function normally. This in practice rarely happens however because the individual can turned to loved ones for support.

As the individual moves through the developmental model he must experience and pass through this "telepathic" phase where an internal war of representations rages and ultimately find peace within him and move on.

### 228 Telepathy

*When people hear voices inside their heads, it is as if their inner thoughts are no longer alone. The new voices can talk to each other, talk to them, or comment on the person's actions. The majority of the time the voices are negative.*

It is pretty clear to me now that what I used to regard as telepathy were actually internal representations. Dialogue with God was an internal representation also. Depressed people suffer from very negative internal representations. Successful internal representations find a home in objective reality. It is often referred to loss, separation and sadness. God can be an internal representation also.

Telepathy whilst widespread in doing business in the 20<sup>th</sup> century is unlikely to be much useful in the era of enlightened individuals. This is a reflection of the fact the decision making devolves more and more to the individual and away from hierarchies. Of course hierarchies will continue to use this method of communication but increasingly activity, decision making and lifestyle choices will devolve to the individual.

Telepathy is a sixth sense, but it is fundamentally interior monologue, internal psychic conflict. This is of course a scalable truth, evident in our time. It can be ego driven, nationally driven or globally driven. Humanity has been caught in a dialogue inescapable- a dreary diatribe of security, fear, threat and self-doubt. However given the reality of need's satisfaction resolution the warring factions of the world find peace and fellowship with each other.

Any and all of us have felt at times connected to a greater selfhood of other people. However in objective reality that belief is based on the people who care about us and whom we care for.

Telepathy is highly subjective and serves no particular purpose in the 21<sup>st</sup> century. Anyone who comes through the manic-depressive neuroses will quickly discard telepathy as a distraction. So 21<sup>st</sup> century human is disinterested in telepathy for this reason. It robs him or her of his mental clarity and throws him back into the mayhem of his own internal representations. From which of course he or she wishes to immediately escape.

## 229 Primal Physiological Responses

During this phase the subject will experience intense physiological symptoms. These include acceleration of heart and lung action, paling or flushing, or alternating between both, inhibition of stomach and upper-intestinal action (digestion slows down or stops), general effect on the sphincters of the body, constriction of blood vessels in many parts of the body, liberation of nutrients (particularly fat and glucose) for muscular action, dilation of blood vessels for muscles, inhibition of the lachrymal gland (responsible for tear production) and salivation, dilation of pupil (mydriasis), relaxation of bladder, inhibition of erection, auditory exclusion (loss of hearing), tunnel vision (loss of peripheral vision), acceleration of instantaneous reflexes & shaking.

## 230 Paranoid delusions

Other psychological side effects include the following. The most common type of delusion or false beliefs is paranoid delusions. These are persecutory in nature and take many forms - overpowering, intense feeling that people are talking about you, looking at you, overpowering, intense feeling you are being watched, followed, and spied on (tracking devices, implants, hidden cameras), thinking that someone is trying to poison your food, thinking people are working together to harass you, thinking that something is controlling you- i.e. an electronic implant, thinking that people can read your mind/ or control your thoughts, thinking that your thoughts are being broadcast over the radio or TV

Delusions include but are not limited to:

**Delusions of reference**- thinking that random events convey a special meaning to you. An example is that a newspaper headline or a license plate has a hidden meaning for you to figure out. That they are signs trying to tell you something.

**Religious delusions**- that you are Jesus, God, a prophet, or the antichrist.

**Delusions of grandeur**- the belief that you have an important mission, special purposes, or are an unrecognized genius, or famous person.

**Centrality of feeling and relevance**: Delusions that one is at the center of intense global and personal focus. That ones personal actions and omission have greater significance than is appropriate.

Hallucinations

As many as 70% hear voices, while a lesser number have visual hallucinations.

Auditory hallucinations can be either inside the person's head or externally. When external, they sound as real as an actual voice. Sometimes they come from no apparent source, other times they come from real people who don't actually say anything, other times a person will hallucinate sounds.

Visual hallucinations operate on a spectrum. They start with the over acuteness of the senses, then in the middle are illusions, and on the far end are actual hallucinations.

The following symptoms overlap with many other diseases such as bipolar disorder, major depression, the various kinds of personality disorders (specifically paranoid and schizotypal personality disorders), and other problems such as brain tumors and temporal lobe epilepsy.

## 231 Personal delusions

**Megalomania:** A psychopathological condition characterized by delusional fantasies of wealth, power, or omnipotence - an obsession with grandiose or extravagant things or actions.

**Omnipotence:** Between people of different faiths, or indeed between people of the same faith, the term omnipotent has been used to connote a number of different positions. These positions include, but are not limited to, the following: An individual is able to do anything that is logically possible for it to do. An individual is able to do anything that it chooses to do. An individual is able to do anything that is in accord with its own nature (thus, for instance, if it is a logical consequence of an individual's nature that what it speaks is truth, then it is not able to lie).

**Egomania:** Egomania is an obsessive preoccupation with one's self and applies to someone who follows their own ungoverned impulses and is possessed by delusions of personal greatness and feels a lack of appreciation. Someone suffering from this extreme egocentric focus is an egomaniac. The condition is psychologically abnormal and has been attributed to various historical figures and celebrities.

**Erotomania:** Erotomania is a type of delusion in which the affected person believes that another person, usually a stranger, is in love with him or her. The illness often occurs during psychosis, especially in patients with schizophrenia or bipolar mania.

**Centrality of reference and feeling:** Researchers have begun documenting what they dub the "Truman syndrome," a delusion afflicting people who are convinced that their lives are secretly playing out on a reality TV show. Scientists say the disorder underscores the influence pop culture can have on mental conditions.

## 232 Culturally bias delusions

Every culture possesses bias and is capable of culturally bias delusional thinking. This affects the member of that cultural group and is specific to that person's culture.

**Stereotypes:** A stereotype is a commonly held public belief about specific social groups, or types of individuals. The concepts of "stereotype" and "prejudice" are often confused with many other different meanings. Stereotypes are standardized and simplified conceptions of groups, based on some prior assumptions. The vital component to recall is that generally speaking, these "stereotypes" are not based on objective truth, but rather subjective and often unverifiable content-matter.

**Cincinnatus:** Lucius Quinctius Cincinnatus (519 BC – 430 BC?) was an ancient Roman political figure, serving as consul in 460 BC and Roman dictator in 458 BC and 439 BC. The Romans regarded Cincinnatus as one of the heroes of early Rome and as a model of Roman virtue and simplicity. A persistent opponent of the plebeians, he was forced to live in humble circumstances, working on his own small farm, until he was called to serve Rome as dictator, an office which he immediately resigned after completing his task of defeating the Aequians. His immediate resignation of his absolute authority with the end of the crisis has often been cited as an example of good leadership, service to the public good, civic virtue, and modesty.

Aodh Mór Ó Néill (Anglicized as **Hugh the Great O'Neill**) (c. 1540 – 20 July 1616, Rome) was the 2nd Earl of Tyrone (known as the Great Earl) and was later created The O'Neill. O'Neill's career was played out against the background of the Tudor re-conquest of Ireland, and he is best known for leading the resistance during the Nine Years War, the strongest threat to English authority in Ireland since the revolt of Silken Thomas.

### **Religious Apparitions (Moving Statues)**

The moving statue phenomenon occurred during the summer of 1985 in Ireland, where statues of the Virgin Mary were reported to move spontaneously. In Ballinspittle, County Cork in July 1985, an observer claimed to have seen a roadside statue of the Virgin Mary move spontaneously. Similar occurrences were reported shortly afterward in Mount Mellory, County Waterford and in other locations. Thousands gathered at statues to pray. The Catholic Church remained reticent and skeptical on the matter. The Ballinspittle statue was damaged by protesters against idolatry (or Mariolatry), but it was repaired. The moving statues are now mostly forgotten or dismissed as a case of mass hysteria. Other considered that the visions happened near twilight when eyesight can be deceptive. The head of the statue is surrounded by small electric bulbs in the form of a halo. The site is about a mile (1.6km) along the Ballinspittle to Kinsale road.

233 Global delusions

### **Aliens (UFOS)**

Unidentified flying object (commonly abbreviated as UFO or U.F.O.) is the popular term for any aerial phenomenon whose cause cannot be easily or immediately identified. Studies have established that only a small percentage of reported UFOs are actual hoaxes, while the majority are observations of some real but conventional object—most commonly aircraft, balloons, or astronomical objects such as meteors or bright planets—that have been misidentified by the observer as anomalies. A small percentage of reported sightings (usually 5%–20%) are classified as unidentified flying objects in the strictest sense.

More specifically aliens are believed to offer insight on self and self-worth. Hence the 20<sup>th</sup> century preoccupation as to whether we are “alone” or not. Clearly in the 21<sup>st</sup> century it is apparent that no-one is alone and further than we really sought communion with ourselves and not beings from other worlds who could tell us very little about ourselves that we don’t know already. So the alien belief is highly delusional and pernicious.

### Romanticism

Romanticism is a complex artistic, literary, and intellectual movement that originated in the second half of the 18th century in Western Europe, and gained strength during the Industrial Revolution. It was partly a revolt against aristocratic social and political norms of the Age of Enlightenment and a reaction against the scientific rationalization of nature, and was embodied most strongly in the visual arts, music, and literature. The movement stressed strong emotion as a source of aesthetic experience, placing new emphasis on such emotions as trepidation, horror and awe—especially that which is experienced in confronting the sublimity of untamed nature and its picturesque qualities, both new aesthetic categories. It elevated folk art and custom to something noble, and argued for a "natural" epistemology of human activities as conditioned by nature in the form of language, custom and usage.

### Apocalypse

An Apocalypse (Greek: *αποκάλυψις* Apokálypsis; "lifting of the veil" or "revelation") is a disclosure of something hidden from the majority of mankind in an era dominated by falsehood and misconception, i.e. the veil to be lifted. In a rather common-sensical way the term is associated with an eschatological final battle, the Armageddon, and the idea of an end of the world due to out of time. This perceptions may better be related to the phrase apokalupsis eschaton, literally "revelation at [or of] the end of the æon, or age". In Christianity the Apocalypse of John is the Book of Revelation, the last book of the Bible.

### Armageddon

According to some pre-millennial Christian interpretations, the Messiah, the "Lamb", will return to earth and defeat the Antichrist, the "Beast", in the battle of Armageddon. Then Satan will be put into the bottomless pit or abyss for 1,000 years, known as the millennial age.

### The White Mans Burden

"The White Man's Burden" is a poem by the English poet Rudyard Kipling. It was originally published in the popular magazine McClure's in 1899, with the subtitle The United States and the Philippine Islands. Although Kipling's poem mixed exhortation to empire with sober warnings of the costs involved, imperialists within the United States latched onto the phrase "white man's burden" as a characterization for imperialism that justified the policy as a noble enterprise.

### The God Delusion

In The God Delusion, Dawkins contends that a supernatural creator almost certainly does not exist and that belief in a personal god qualifies as a delusion, which he defines as a persistent false belief held in the face of strong contradictory evidence.

It is very easy to see how a belief in God can become a personal or indeed global delusion when the mind is thought disordered. In this frame of mind the subject dialogues endlessly with God. Prayer groups and other get-togethers illustrate the point. On balance it is clear that faith alone is insufficient to permit an intelligent perception of self and reality. God sits beyond human reasoning and its capacities and in the grand workings of the universe his role is evident. God is not to blame for human misunderstanding.

### 234 Taboo Fear Resolution

To address and resolve taboo or primal fears the individual must challenge these fears as they arise from the subconscious. For the victim of child sexual abuse, the fear is exposure. For the bereaved the fear is ones own demise. For the abuse victim the realization that he or she is not alone or unique forms an important part of taboo fear resolution. The allegation of unclean must be socialized in some way for it to lose its potency. Many people have made this connection particularly since there is increasing openness in our society about abuse and many victims have come forward publicly. This is a trend to be encouraged and facilitated.

Regarding death fears again the subject should be encouraged to realize that such fears have no basis in objective reality. Indeed there is a very low possibility that Western man or woman in their safe and ordered societies will encounter life and death situations during the course of their lives. Physical threat is largely absent.

### 235 Positive External Representations

When the individual reaches this point in the cycle of depersonalization he begins to externalize his internal representations. In effect he imposes on his world the vision that had previously been hidden, caught in a spiral of reformulation. The world has plenty of room for everyone's external representations and those that are unrealistic are quickly replaced by representations that are congruent with the world we live in. Every one has entitlement and a right to grow and develop as they see fit.

If the individual is stressed he or she pushed stress back into objective reality. He may task the people around him – this is a stress resolution technique. When an individual reaches this point he develops the conscious ability to bend reality around him and impose his presence in a proactive way.

## 236 Thought Ordered

In the thought ordered state the ego is clearly aware of his individuality and accepting of the reality of the world in which he lives. Thought therefore is congruent with objective reality. And there is no ambiguity or uncertainty. Freed from cultural bias the individual has achieved needs satisfaction and has reached a harmonious equilibrium with self and the world. This state also known as emotional harmony is lifelong and permanent.

In thought ordered state the individual has positively externalized his presence. He becomes known to his community. If he is a globalist then he is globally known.

When an individual reaches enlightenment. They do not abandon their duties. Rather they complete them in a fuller way. That old individual exists but now they enhanced in their capacities. Enlightenment is permanent and there is no regression. But the temptation to regress can exist. However the individual requires benchmarking from his community for some time after making his personal breakthrough.

The stable thought ordered individual is an empowered individual free of cultural bias, in our times, a globalist and free from delusion.

Thought order arises when the subject perceives reality free from bias. In short what he sees in his world is the same as he internal represents it to himself through the mirror of his own mind. If the mirror is flawed, out of focus then the image is distorted. Reality is bliss is the phrase that acknowledges that the starting point for all human endeavors has to be and can only be reality. However if reality is perceived of in an inaccurate or bias way the result is stasis.

Within the schema that is our thoughts change is viewed as a psychic death to old self. Change is the only outcome of new information. But the old self, the one we clung to for many years does in effect fall away and die. What is left is the product of the latest information. By aligning ourselves correctly with the laws of the universe we become enlightened.

We in effect put aside our faith in our accumulated wisdom to accept new self-knowledge. This is traumatic because we are letting our defenses down. One must distinguished clearly here between the conscious and sub-conscious. To the conscious mind new information is not death but to the primal (sub conscious) mind it is death. That is because to the sub-conscious we can only communicate in a role-play fashion. Never forget the sub-conscious is primal. There are only absolutes of fear where the sub-conscious is concerned.

In the thought ordered phase nature is positive i.e. accepted. The ring fencing around the two states of conscious is gone. There is only one consciousness. Einstein believed we only used 10% of our brain – probably the conscious part. Sub-conscious is the home of motivation, passion, action and much more - all the emotive aspects of being.

## 157: Natural Selection

Natural selection favors organism best suited to the environment in which they live. Natural selection has shaped human society just as it shapes life in the jungle. Our society, culture, and identities are molded by this natural paradigm. Natural selection of the fittest drives the evolutionary process. The physical environment imposes this selection process upon all life forms on this planet including us. Indeed our sub-conscious was crafted by it.

We evolved from a world, which had natural predators. We had to be alert. We developed a premonition or fear of impending danger. All these things were vital to our survival.

New cultural concepts were developed by natural selection to accelerate genetic diversification. Marriage was promulgated. Advantage conferred on tribes that favored marriage. Monogamy confers further advantage since it leads to greater genetic diversification. These cultural concepts were codified into religious belief systems to ensure conformity and adherence.

Nature is uniquely diverse. It does not create facsimiles. It creates infinite redundancies. It creates mutations. We are all mutations. Each generation is slightly different to the last. There was no beginning for our species, just a constantly mutating organism which adapted to the successive physical environments as well as it could.

The human family is analogous to a tree with infinity of branches and twigs but its roots are animal. This is a denied psychic truth in the conscious mind. Since consciousness first evolved we have tried to create a psychic line of demarcation in our psyches.

## 237 Nation

Natural selection favors the technologically advanced. They have an advantage over the less technologically sophisticated. Their cultures, societies, languages and identities are sidelined in preference for the more advanced. The global culture selects the most successfully aspects of all cultures in an unambiguous and impartial way. Examples of natural selection at work include the Inca and Aztec Empires, the American Indians, the Aboriginal of Australia, the South American Indians and so on.

All cultures have been subsumed into a growing and diversifying global culture, which is, based culturally on the European model and latterly the American. From the standpoint of natural selection this is fittest attributes being prioritized.

Advantage confers on early adopters of the global culture. Late adopters have to work harder to integrate and stand a greater chance of being exploited and marginalized. The culture they cling to does not help them in the face of a more dominant culture. At some point all of us were assimilated into the dominant culture.

## 238 Europe

Natural selection favored Europe. This is because there were a number of competing nation states at roughly the same level of development. Rivalry and competition spurred them on to out do each other. Europe's rivalries exported European languages and culture around the globe. All major European states had colonies overseas. The most successful imperialistic nation was Britain, followed by France. Consequently their languages and cultures were influential.

Overseas empires were not of equal size. Britain, France, the Netherlands and Spain had extensive overseas colonies. These states came earliest to nationhood. Germany was a late arrival to nationhood and sought to take advantage.

The European states frequently clashed over the centuries and various states sought to impose their will on their neighbors. Ultimately these rivalries precipitate the two main global conflicts of the 20<sup>th</sup> century.

Natural selection was competitive. Competition and threat drove innovation. European nation states innovated technologically to survive and defend their borders. They sought advantage through exploration and so spread their culture across the global.

When European nations encountered other more primitive tribal societies they were quickly conquered them. They divided the globe into vast colonial empires, which were exploited for raw materials and labor.

Europe was wrecked physically and financially at the end of the second conflict. In Europe's weakened post-war state two super nation states emerged to take advantage - America and the Soviet Union.

These two nations then engaged in a race to develop technology to facilitate their rival claims for global supremacy. The Soviet Union ultimately failed to compete in the technology race and collapsed at the end of the 20<sup>th</sup> century.

## 239 United States of America

After World War II natural selection favored America. Her cities were not bombed during the war, neither was her territory invaded. She had as a result of the war gained very favorable access to colonial markets – principally through her relationship with Britain. America went on to become the Western superpower and the Western European powers of Britain, France and West Germany formed an alliance with her – the North Atlantic Treaty Organization.

The Soviet Union declared its sphere of influence in Eastern Europe and an “Iron Curtain” fell across a divided Europe. America and the Soviet Union after an initial hiatus engaged in a new arms race, which culminated in the acquisition, and positing of large numbers of thermonuclear weapons which were pointed across the divide.

Despite some initial technological firsts the Soviet Union with its centrally planned economy quickly fell behind in technology and innovation as the free market capitalist model rewarded innovation with wealth.

In 1990 the Berlin Wall came down and the Soviet Union dissolved into its constituent republics. Glasnost and perestroika led to a clamor for Western lifestyle and prosperity. Russia became a capitalist nation and a democracy.

## 240 EU/UN/NATO

In the 21<sup>st</sup> century environment of the present and future international decision making and due process will predominate as the means by which nations do business.

In this context supranational organizations have and are developing the experience and acumen to contend with the real political environment. Competitive nations will increasingly find themselves subsumed into umbrella organizations such as the EU. Already security is pooled to a great extent across the Western countries by NATO. In practice Western countries particularly European nations have found it more expedient to ally with other nations for common concerns such as global terrorist organizations and the threat posed by rogue states.

In this context then it seems plausible that natural selection favors supranational organizations as the most efficient and successfully way for nations to do business. The unilaterism of the past being replaced by the due process and multilaterism of the present. Such

organizations as the European Union, United Nations and the North Atlantic Treaty Organization. They reflect collective decision making amongst nations which is a good template for ongoing human organization.

## 211: 3 Stages of Family

### 241 Tribal Structure

In this family there is father and a number of mothers. There are a large number of children from all the mothers. As soon as the male children become old enough they clash with the father and leave the tribe.

Patriarch has his choice of females. There is poor genetic diversification potential. There is large-scale inbreeding. Diversification is only possible for males who leave the tribe. Consciousness is embryonic. There is little competition except for the role of patriarch between males. Population is low.

### 242 Extended Family

This family consists of mother, father, children, and grand parents possibly other relatives and their children also. This type of family is prevalent in the developing world. This is a looser form of the tribal structure. The tribes have evolved into larger groupings or clans. Interbreeding has been reduced. Breeding is between clans and not within them. Population has grown.

### 243 Nuclear Family

This family consists of mother, father and children and is prevalent in the developed world.

## 311: Evolution of God

Our perception of God has changed as we have changed and our horizons have broadened. The primitive pagan man God was in nature. The sun and the moon were worshipped. Major gods were of love and fertility. This is not to say God has evolved. Rather to say we now know him better than we did. Science and religion parted ways in medieval times and the church was perceived to be anti-scientific in fact many scientific discoveries were regarded as opposed to Christian orthodoxy.

In our time the scientific man can also be a man of faith. Einstein certainly saw no contradiction in that.

## 244 God in Nature

Religion evolved to enforce sexual taboos and spread the inherited wisdom prohibiting incest. Promulgation's common to all major religions concern issues such as marriage, monogamy (Christian), and prohibitions on adultery, fornication, incest and so.

Religion has references to genetic diversification and was a cultural method of enforcing adherence and encouraging conformity to the need for genetic diversification. As the psyche evolved so did our sense of Godhead.

Gods were original animals in appearance. The earliest religions found divinity in the natural world. The natural world was critically relevant to their survival. Animals were worshipped and Gods were many and had animal appearances. Natural phenomena were considered evidence of divine wrath.

## 245 Polytheism

Gods took human form in the classical world. The Gods of the Hellenic and Roman worlds were men and women with supernatural powers and intervened frequently in human affairs. They possessed the human characteristics of lust, desire, jealous and militarism.

## 246 Monotheism

The Judaic tradition first articulated one God, Yahweh, with whom the Jews enjoyed a special relationship or covenant. Jesus was a Jew who claimed to be the messiah and led a breakaway movement, which expanded on this teaching, Christianity. In the Christian tradition God had taken human form in the form of Jesus and the sacrament of the Eucharist is the partaking in the body of Christ. Since the time of Jesus the conviction of the church has been that there is no further need for revelation. Congruent with this Jesus was the one and only messiah and his passion and death and crucifixion liberated humanity from sin.

Abraham religions as they are referred too are monotheistic.

## 247 Organized Religion

As it stands there are major world religions including in no particular order Christianity, Judaism, the Muslim faith, Buddhism, Taoism, Hinduism and many others. The obvious implication is that there is one God approached by man from all these different cultural perspectives. God is in no way monopolized. Rather the dilemma would seem to be of man's making. Within the Christian tradition the Catholic Church has split on four separate occasions each time yielding different churches. Such diversity in my opinion is not displeasing to God.

God is not diminished by natural selection. As our comprehension grows God becomes cosmic.

#### 248 Individual before God.

An empowered individual is primarily justified by his own conscience. He draws his moral and religious conviction from self. That said there is no difficulty being a member of an organized religious faith in fact such an individual would be welcomed as a positive contributor. In the Catholic faith the covenant or knowing God is managed and disseminated by the Pope and the catholic hierarchy and there is no contradiction.

## 315: Evolution of Ideology

### 249 Fascism & Communism

#### *Fascism*

Fascism is a radical and authoritarian nationalist political ideology. Fascists seek to organize a nation on corporatist perspectives; values; and systems such as the political system and the economy. Scholars generally consider fascism to be on the far right of the conventional left-right political spectrum, although some scholars claim that fascism has been influenced by both the left and the right

This ideology favors a dominant race or social grouping that manages and exploits the rest of the population. It entails a totalitarian form of governance. It demands unswerving loyalty, which promotes the intellectually limited into government. It suppresses and controls all information to the population. It rests on a cult of leader culture. There was no mechanism to replace the leader. Natural selection discarded fascism as an ideology after the fascist states fought and lost a war based on their ideology. Totalitarian governance relies on fear and misinformation.

#### *Communism*

Communism is a social structure in which classes are abolished and property is commonly controlled, as well as a political philosophy and social movement that advocates and aims to create such a society. Karl Marx, the father of communist thought, posited that communism would be the final stage in society, which would be achieved through a proletarian revolution and only possible after a socialist stage develops the productive forces, leading to a superabundance of goods and services.

This form of organization favored central distribution and control of resources in the interests of state sponsored objectives. There is no individual wealth or property. Natural selection did not favor this form of social organization. Communism suppressed competition which is fundamental to natural selection. Communism did not produce a favorable environment for technical innovation. Natural selection discarded Communism as a global ideological model in 1990.

### 250 Free Market Capitalism & Socialism

#### *Free Market Capitalism*

A free market is a market without economic intervention and regulation by government except to regulate against force or fraud. This is the contemporary use of the terminology used by economists and in popular culture; the term has had other uses historically. A free market economy is an economy where all markets within in it are free. This requires protection of property rights, but no regulation, no subsidization, no government-imposed monopolistic monetary system, and no governmental monopolies. It is the opposite of a controlled market, where the government regulates how the means of production, goods, and services are used, priced, or distributed.

This form of organization is based on the capital based model of development. There are individual wealth and property rights. Competition is accepted and facilitated. State plays a minor role in commercial activity. Maximizing profits and minimizing costs are the preoccupations of capitalist organizations. The markets determine commercial activity. Global corporations try to minimize costs by shifting factors of production around.

### *Socialism*

Socialism refers to the various theories of economic organization which advocate either public or direct worker ownership and administration of the means of production and allocation of resources.[1][2][3] A more comprehensive definition of socialism is an economic system that has transcended commodity production and wage labor, where economic activity is carried out to maximize use-value as opposed to exchange-value, including in its definition a corresponding change in social and economic relations; such as the organization of economic institutions and resource allocation;[4] often implying advocacy for a method of compensation based on the amount of labor expended.

Socialism combines elements of capitalism and communism. Government is large and plays a major role in business and commercial activity. The state accepts a financial responsibility for all citizens and endeavors to give them a basic standard of living. Education, health and welfare are free and considered to be entitlements. The state invests heavily in infrastructure, public housing and the general well being of citizens. Socialism is the dominant form of governance in Western Europe currently.

### 316: Morality

Morality has evolved down through the ages from the simple expedient that a hostile tribe were wicked and alien through a more summary form of justice meted out to those who opposed the ruling monarch of the day, to national imperatives to kill in the name of country to a universal declaration of human rights as promulgated by the UN in 1948.

Articles 1-4 as follows:

Article 1

*All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.*

Article 2

*Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, color, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it is independent, trust, non-self-governing or under any other limitation of sovereignty.*

Article 3

*Everyone has the right to life, liberty and security of person.*

Article 4

*No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.*

The morals and values of human rights can be traced through the history of religious beliefs and cultures around the world. European philosophers of the Age of Enlightenment developed theories of natural law that influenced the adoption of documents such as the Bill of Rights of England, the Bill of Rights in the United States, and the Declaration of the Rights of Man and of the Citizen in France.

## 251 Divine Right of Kings

The Divine Right of Kings is a political and religious doctrine of royal absolutism. It asserts that a monarch is subject to no earthly authority, deriving his right to rule directly from the will of God. The king is thus not subject to the will of his people, the aristocracy, or any other estate of the realm, including the church. According to this doctrine, since only God can judge an unjust king, the king can do no wrong. The doctrine implies that any attempt to depose the king or to restrict his powers runs contrary to the will of God and may constitute heresy.

## 252 State Sanction

A nation is a grouping of people who share real or imagined common history, culture, language or ethnic origin, often possessing or seeking its own government. The development and conceptualization of a nation is closely related to the development of modern industrial states and nationalist movements in Europe in the eighteenth and nineteenth centuries, although nationalists would trace nations into the past along uninterrupted lines of historical narrative.

### 253 Supranational Legitimacy

In recent military actions the US and her allies have sought mandates from the UN Security Council to justify their military actions. Such mandates were forthcoming for the First and Second Gulf Wars. The first was easily got, as the international community generally deemed Iraq's invasion of Kuwait illegal. The second mandate was on the basis of weapons of mass destruction in Iraq despite the fact that no evidence of such weapons was ever found.

### 254 Individual Conscience

In the 21<sup>st</sup> century morality will conceivably also devolve to the empowered individual. This individual can be held to moral in the sense that he is cognizant of his obligations both to civil authority and to God. This should in no way contravene the authority of the state in which the empowered individual resides, indeed far from it; such an individual will be a productive citizen making a meaningful contribution to his society.

### 221: Evolution of Governance

### 255 Divine Right of Kings

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### 256 Monarchy

This was the prevalent form of government in medieval Europe. After the French revolution however the French monarchy was executed and a terror ensued in which thousands of aristocrats were also executed.

The French Revolution (1789–1799) was a period of radical social and political upheaval in French and European history. The absolute monarchy that had ruled France for centuries collapsed in three years. French society underwent an epic transformation as feudal, aristocratic, and religious privileges evaporated under a sustained assault from liberal political groups and the masses on the streets. Old ideas about hierarchy and tradition succumbed to new Enlightenment principles of citizenship and inalienable rights.

Britain is the only major European country where the monarchy made a more or less peaceful transition to parliamentary democracy. The monarch became a figurehead.

## 257 Oligarchy

Monarchy gave way to oligarchy in the oldest parliamentary democracy (Britain) with the enfranchisement of the property owning classes. The poor and the working people were not at this time represented. Oligarchy means rule of the rich.

An oligarchy (Greek λιγαρχία, Oligarkhía) (oligocracy) is a form of government in which power effectively rests with a small elite segment of society distinguished by royalty, wealth, family ties, military might, or religious hegemony. The word oligarchy is from the Greek words for "few/one" (λίγος olígos) and "rule" (ρχή arkhē).

Oligarchy whereas more democratic than monarchy in that power is vested in a ruling class still does not offer universal suffrage.

## 258 Democracy

After the Great War (WWI) the demands of working people for enfranchisement could no longer be put off. Women also clamored for the vote having been very involved in wartime production during the course of the war.

In Britain parliament agreed through the 1918 Qualification of Women Act to enfranchise women who were over the age of 30; providing they were householders, married to a householder or if they held a university degree. It was not until 1928 with Representation of the People Act 1928 that women were granted the right to vote on the same terms as men.

Democracy has now become the template as an acceptable, fair and workable form of governance. In this century democracy has spread to nearly every nation state on the planet. In Iraq and Afghanistan the US and her allies are striving to build a democratic society for the Iraqis after the collapse of the totalitarian regime that they defeated. Likewise in Afghanistan

## 259 The Social Treaty

People have a need to believe in the empathic skills and basic good-heartedness of others. This is the social treaty. Whereas it is never proven or verifiable it is something we assume to exist everyday of our lives. In Europe legislation for social matters has been enshrined in social charters.

## 410: Human Technical Development

Technology confers major advantages on the tribe or nation that develops the new technology. Traditionally this has been the technology of war where a simple improvement can change the course of history.

Natural selection favors societies that develop a technical culture and the most successful societies in our world possess the most advanced technology. Wars have always been won based on technology.

## 260 Fire

The ability to control fire was a dramatic change in the habits of early humans. Making fire to generate heat and light made it possible for people to cook food, increasing the variety and availability of nutrients. The heat produced would also help people stay warm in cold weather, enabling them to live in cooler climates. Fire also kept nocturnal predators at bay. Evidence of cooked food is found from 1.9 million years ago, although fire was probably not used in a controlled fashion until 400,000 years ago. Evidence becomes widespread around 50 to 100 thousand years ago, suggesting regular use from this time; interestingly, resistance to air pollution started to evolve in human populations at a similar point in time. The use of fire became progressively more sophisticated, with it being used to create charcoal and to control wildlife from 'tens of thousands' of years ago.

## 261 Language

A language is a particular kind of system for encoding and decoding information. Since language and languages became an object of study (logos) by the ancient grammarians, the term has had many definitions. The English word derives from Latin lingua, "language,

tongue," with a reconstructed Proto-Indo-European root of \*dnghû-, "tongue," a metaphor based on the use of the physical organ in speech.[1] The ability to use speech originated in remote prehistoric times, as did the language families in use at the beginning of writing. The processes by which they were acquired were for the most part unconscious.

## 262 Thought

Thought and thinking are mental forms and processes, respectively ("thought" is both). Thinking allows beings to model the world and to represent it according to their objectives, plans, ends and desires. Words referring to similar concepts and processes include cognition, sentience, consciousness, ideas, and imagination.

Thought naturally evolved from the linguistic tradition and as language became more complex and specific so thought has grown to become an intellectual schema of great significance in our consciousness. Thought is quite literally how we conceive the world in which we live and how we handle our internal representations. These are negative in the early stages of the delusional cycle and negative internal representations remain repressed and trapped in the sub-conscious.

As we move through the ego cycle however more and more internal representations are liberated and thus exiated from the consciousness. Once freed and understood they do not return. Thought disorder is the consequence of negative internal representations. Quite literally our perception of the world is disordered and it needs to change. Thought feeds into reason and ones reasoning is of course impaired if ones thoughts are disordered.

## 263 Reason

Reason is a human mental faculty that is able to generate conclusions from assumptions or premises. The meaning of the word "reason" in this sense overlaps to a large extent with "rationality" and the adjective of "reason" in philosophical contexts is normally "rational", rather than "reasoned" or "reasonable".

Reason is the way in which we figure out our perceptions, organize and systematize our thinking and essentially is a lifelong tool for personal analysis and strategizing.

## 264 Agriculture

Since its development roughly 10,000 years ago, agriculture has expanded vastly in geographical coverage and yields. Throughout this expansion, new technologies and new crops were integrated. Even then crops were modified through crossbreeding for better yields. Agricultural practices such as irrigation, crop rotation, fertilizers, and pesticides were developed long ago, but have made great strides in the past century. The history of agriculture has played a major role in human history, as agricultural progress has been a crucial factor in worldwide socio-economic change. Wealth-concentration and militaristic specializations rarely seen in hunter-gatherer cultures are commonplace in societies, which practice agriculture. So, too, are arts such as epic literature and monumental architecture, as well as codified legal systems. When farmers became capable of producing food beyond the needs of their own families, others in their society were freed to devote themselves to projects other than food acquisition. Historians and anthropologists have long argued that the development of agriculture made civilization possible.

The Fertile Crescent of Western Asia, Egypt, and India were sites of the earliest planned sowing and harvesting of plants that had previously been gathered in the wild. Independent development of agriculture occurred in northern and southern China, Africa's Sahel, New Guinea and several regions of the Americas. The eight so-called Neolithic founder crops of agriculture appear: first emmer wheat and einkorn wheat, then hulled barley, peas, lentils, bitter vetch, chick peas and flax.

## 265 Printing Press

The invention of mechanical movable type printing led to a veritable explosion of printing activities in Europe within the span of only a few decades. From a single print shop in Mainz, Germany, printing had spread to no less than 236 cities in twelve European countries by the end of the 15th century. As early as 1480, there were printers active in 110 different places in Germany, Italy, France, Spain, the Netherlands, Belgium, Switzerland, England, Bohemia and Poland. From that time on, it is assumed that "the printed book was in universal use in Europe".

## 266 Science & Technology

Science (from the Latin *scientia*, meaning "knowledge") is, in its broadest sense, any systematic knowledge-based or prescriptive practice that is capable of resulting in a correct prediction, or reliably-predictable type of outcome. In this sense, science may refer to a highly skilled technique, technology, or practice, from which a good deal of randomness in outcome has been removed.

In its more restricted contemporary sense, science refers to a system of acquiring knowledge based on scientific method, and to the organized body of knowledge gained through such research. This article focuses on the more restricted use of the word. Science as

discussed in this article is sometimes called experimental science to differentiate it from applied science, which is the application of scientific research to specific human needs—although the two are commonly interconnected.

The Theory of Human Nature is reliably predictable in its capacity to predict human behavior. The formerly considered random has been systematized and categorized according to fundamental principles. To summarize two taboos lead to two potential traumas leading to two disordered personality states, leading to catharsis and ultimate resolution in the ego cycle.

**THE END**